

Kundalini Yoga Classes

Kundalini Classes with Jill

Monday Online Zoom Kundalini Yoga class at 6pm

Monday Kundalini Yoga class at 6pm in the home studio

Tuesday Online Zoom Kundalini Yoga at 5pm

Tuesday Kundalini Yoga at 5pm in the home studio

Wednesday Online Zoom Kundalini Yoga at 5pm

Wednesday Kundalini Yoga at 5pm in the home studio

*Casual class \$15, Monthly membership \$70, includes all classes
whether attended or not.*

For more details and to book a space for the studio class

Phone or text Jill on 0418313641

www.infinitycottage.com or

on Facebook at Kundalini Yoga with Jill

Everybody welcome!

